

THOUGHT SHE WOULD DIE.

Mrs. S. W. Marins, of Colorado Springs, began to fear the Worst. Doan's Kidney Pills Saved Her. Mrs. Sarah Marins, of 428 St. Union St., Colorado Springs, Colo., President of the Glen Eyrie Club, writes:



"I suffered for three years with severe backache. The doctors told me my kidneys were affected and prescribed medicines for me, but I found it was only a waste of time and money to take them, and began to fear that I would never get well. A friend advised me to try Doan's Kidney Pills. Within a week after I began using them I was so much better that I decided to keep up the treatment, and when I had used a little over two boxes I was entirely well. I have now enjoyed the best of health for more than four months, and words can but poorly express my gratitude."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y.

Chinese Abolish Torture.

China's criminal code has been revised. The barbarous punishment of "slicing to pieces" has been abolished, and it is believed that all torture will be abolished soon.

Allen's Foot-Ease, Wonderful Remedy. "Have tried ALLEN'S FOOT-EASE, and find it to be a certain cure, and gives comfort to one suffering with sore, tender and swollen feet. I will recommend ALLEN'S FOOT-EASE to my friends, as it is certainly a wonderful remedy." Mrs. N. E. Guilford, New Orleans, La.

Swift Letter Carrier.

The "frigate" is the swiftest of all sea birds, and in some of the equatorial isles of the Pacific is used as a letter carrier. Taken from the nest before it can fly, it is hand fed on a fish diet by the natives; and in the course of a few months becomes so tame that it can be liberated during the day and will return to its perch at sunset.

Occupation for Turkish Women.

From the time of the first incursion of the Turks into Europe drawwork has been a favorite pursuit among Turkish women, especially in the harems. They are said to have learned it originally from Italian women who were made captive in the days when Ottoman galleys ravaged the Mediterranean.

He is Careful Now.

"You don't say 'down with the trusts' any more," said the friend. "No," answered the apprehensive citizen. "It doesn't seem to have any practical effect and I'm afraid some trust might hear me and retaliate by casually remarking 'up with prices.'"

Weather Lore from the Bible.

"When it is evening, ye say it will be foul weather, for the sky is red; and in the morning it will be foul weather today; for the sky is red and lowering."—Matthew xvi, 2-3.

Sample of Red Tape.

There are no fewer than thirty-four volumes of regulations concerning the Indian army, amounting to 6,000 closely-printed pages.

Feeding Bottles for Needy Babies.

The Birmingham health department furnishes feeding bottles for the children of impoverished patients.

CAN DRINK TROUBLE.

That's one way to get it.

Although they won't admit it many people who suffer from sick headaches and other ailments get them straight from the coffee they drink and it is easily proved if they're not afraid to leave it to a test as in the case of a lady in Connelville.

"I had been a sufferer from sick headaches for twenty-five years and anyone who has ever had a bad sick headache knows what I suffered. Sometimes three days in the week I would have to remain in bed, at other times I couldn't lie down the pain would be so great. My life was a torture and if I went away from home for a day I always came back more dead than alive."

"One day I was telling a woman my troubles and she told me she knew that it was probably coffee caused it. She said she had been cured by stopping coffee and using Postum Food Coffee and urged me to try this food drink."

"That's how I came to send out and get some Postum and from that time I've never been without it for it suits my taste and has entirely cured all of my old troubles. All I did was to leave off the coffee and tea and drink well-made Postum in its place. This change has done me more good than anything else put together."

"Our house was like a drug store for my husband bought everything he heard of to help me without doing any good, but when I began on the Postum my headaches ceased and the other troubles quickly disappeared. I have a friend who had an experience just like mine and Postum cured her just as it did me."

"Postum not only cured the headaches, but my general health has been improved, and I am much stronger than before. I now enjoy delicious Postum more than I ever did coffee." Name given by Postum Co., Battle Creek, Mich.

"There's a reason" and it's worth finding out.



Short Circular Capes in Style.

Short circular capes are all the fashion right now. Those most in vogue for late August days and early autumn weather are of coarse lace; any lace like Chiny, Bruze or point Venise is in favor. The capes vary in length. Sometimes they fall just to the shoulders, other reach to the bust line, and still others touch the waist.

In crepe or dyed to match the color of the gown they will be the most fashionable during the early fall. The smart girl is sure to contrive many novel ways of adding to the charm of her cape. She may fasten it down the front with big, artistic-looking buttons, or it may have the effect of being tied together with many smart-looking little black satin bows. If she wishes to more decidedly change its effect she will slip satin messaline or velvet ribbons through the meshes of the lace at either side of the front. At the neck the ribbons are tied in rosettes, and then again a bit further down—September Woman's Home Companion.

Midget Furniture.

For the nursery there is midget furniture, of a kind that delights the hearts of the children, not doll furniture, but furniture of just the right sort for the use of children; comfortable easy chairs about one-third the size of those in mother's room, covered with pretty cretonne; a small sofa and a little box couch, covered to match, says the Ohio State Journal. The little toilet table is draped with the cretonne, and there are hangings of it at the door. A small white writing desk and table, with a white chair of corresponding size, have a place in one corner of the room and on the desk are slate and pencil and an alphabet game. The cretonne box couch makes an excellent receptacle for toys when they are not in use.

Excellent Pear Dessert.

Cook one-half cup of rice twenty minutes in plenty of boiling salted water. Drain and put in the double boiler, with a half cup of rich milk. Cook until the rice is soft and the milk absorbed. Sweeten lightly and season with a few drops of vanilla. Two teaspoonfuls of preserved ginger juice and a few drops of lemon juice. Turn into a mold to cool. Drain a quart of stewed pears free from juice, fill their centers with preserved ginger chopped fine and moistened with a teaspoonful of orange juice. Turn the rice into a low glass dish, arrange the pears about it, and garnish with ginger and whipped cream.

For Afternoon Wear.

Full waists made with deep pointed yokes are exceedingly becoming to girlish figures and are much liked for the waists of afternoon wear. This one is made of rose-colored wool batiste, the yoke being of finely tucked silk, with a design of bias banding forming loops in which medallions of lace are set, and round the lower edge of the yoke is a frill which matches the waist and which is stitched and trimmed with an embroidered band. To make the waist



Designed by May Mantion.

for a girl of 14 years of age will be required 5 yards of material 21, 4 yards 27 or 2 1/2 yards 44 inches wide, with 1 yard of yoking material.

Grape Catsup.

To make grape catsup get seven pounds of grapes. Pick them off the stems, wash them, put them in a stone jar and set the jar over the fire in a deep pot of boiling water. Let the grapes cook in thisanner for an hour in order to loosen the seeds. Remove from the fire and strain through a sieve, being careful that all the pulp goes through. Then add a pint of good cider vinegar, three and a half pounds of sugar and a teaspoonful each of cinnamon and cloves. Return to the fire and cook until thick.

Fish Pudding.

Ingredients—One-half pound cooked fish, 1/4 pound cooked potato, 1 ounce butter, 1 egg, 1 tablespoonful milk, 1 teaspoonful chopped parsley, pepper and salt.

Method—Remove the fat and skin from the fish, and break the fish into small flakes; rub the potato through a wire sieve; mix it with the fish,

add pepper and salt; melt the butter in a saucepan, add the fish mixture to it, mix well together; add the egg (well beaten), the milk and parsley; pour the mixture into a buttered mould or pie dish, cover with crumbs, bake in a moderate oven for about thirty minutes, turn out on to a dish-paper, garnish with parsley and lemon, and serve.

Misses' Tourist Coat.

The tourist coat has taken a firm hold on popular fancy and will be much worn during the coming season by young girls as well as by grown women. This one is peculiarly desirable and suits the general wrap and the costume equally well, but, in the case of the model, is made of dark blue cheviot trimmed with braid and stitched with corticelli silk and



is designed for wear over any gown. The coat is made with loose fronts and back, the latter being confined at the waist line by means of a belt cut in two portions that are lapped one over the other and held by buttons. The sleeves are wide and amply finished with roll-over flare cuffs. The quantity of material required for the medium size is 4 1/2 yards 27 inches wide, 2 1/2 yards 44 inches wide or 2 1/2 yards 52 inches wide.

Jellied Salmon.

Those who are most interested in the more substantial courses at the table will be glad to try the jellied salmon, which makes a most appetizing as well as a tasteful luncheon dish, or one to be served at a Sunday evening supper. It is easily made. Soak one tablespoonful of gelatine as usual, and mix it with a can of salmon and three-quarters of a cup of salad dressing. Set it away to harden. This is but one of many similar dishes which any skillful cook may devise.

Fancy Covert Coats.

Least the covert coat approach motonot a variety of finisnings is introduced into its making. Full sleeves have been introduced, and now some of the short jackets have full backs held in at the waist with a short strap. Others have wide stitched bands curved around over the shoulders half way to the back, forming a cape effect. Slot seams, braiding, appliques and ruffings are all introduced, lending the erstwhile simple covert jacket a most festive aspect.

New Form of Entertainment.

At a luncheon a short time ago a new form of entertainment was provided by the guests themselves. The hostess asked each one to come in costume as they represented her; then the guests were supplied with pencils and cards and the one who guessed the greatest number of hobbies suggested received a prize. One girl, who wished to show that she was fond of music, had fastened to her dress a picture of a crying kitten with a bandaged head—mieu-sick.

Pineapple and Orange.

Cut the top from a pineapple and carefully remove the inside, so that the shell may not be broken. Cut the pulp into bits, mix it with the pulp of three ripe oranges, also cut very small, and liberally sweeten the mixture. Smooth off the bottom of the pineapple shell so that it will stand upright, refill with the fruit pulp, and set in the ice for three hours.

Mixed Catchup.

Take equal quantities of green tomatoes, white onions and cabbage; grind in a sausage mill. Sprinkle with salt, turn into a bag and hang up to drain all night. Put in a jar with one ounce each of white mustard seed, powdered mace, ground cloves and allspice; chop two pods of red pepper and add. Cover with strong, cold vinegar.

Whole Canned Tomatoes.

Immerse the tomatoes in boiling water and slip off the skins. Into a large kettle of boiling water put just enough tomatoes to fill a jar. Cover and steam for eight minutes, then pack into a hot jar, fill to overflowing with the boiling water and seal.

The October Century will bring the conclusion of Dr. S. Weir Mitchell's remarkable biography, "The Youth of Washington." The work will be published in book form October 8th. The other strong fiction serial feature, Jack London's "The Sea-Wolf," is nearing its final climax and will end in the November issue. The short stories of the number will include: "The Thorn That Pricked," a pathetic story of some typical experience of the studio, by Grace Ellery Channing; "The Wullerwups," another "Miss Nigger" tale, by Rose Young; "A Ready Letter-writer," another story of the Nevada mountains, by Miriam Michelson; "Love at Long Distance," a humorous love story, by James Raymond Perry; "Concerning My Aunt Helen," by Gouverneur Morris; another of Anne Warner's richly humorous Miss Cleg stories, this time "Jathrop Athrop's Cow," and a monologue, "Richard's Practising," by Ruth Kimball Gardner.

Russia Has Most Holidays.

Russia has more holidays per annum than any other European nation—eighty-six in all. Austria comes next with seventy-six.

Everybody's Magazine.

The picturesque personality of Thomas W. Lawson is well to the fore in the October issue of Everybody's Magazine. Not satisfied with the allowance of space given to his "Frenzied Finance" in the body of the magazine, he has burst the bonds of editorial convention and appropriated several pages in the advertising section, part of which he uses to reply to the scores of letters and inquiries which his remarkable articles have brought him. He deals with his critics in much the same spirit he handles the financiers—without gloves. Incidentally, the October issue of Everybody's is 550,000; the issue of September was 425,000 and a second edition had to be printed.

Teach Boys to Swim.

In one of the leading English schools the boys are taught to swim, as in other schools, but they are taught to swim fully dressed.

McClure's for October.

McClure's for October is timely in the best sense. It reads vigorously and intelligently some of the important lessons of the hour. In its serious articles McClure's does not deal with the cursory and the superficial, but with the vital, fundamental thing, and interprets its real meaning and application. It is impressing itself tremendously on the life and thought of the day by its weighty and authoritative way of doing things. In the dramatic story of Governor LaFollette and the fierce political war which is rending the state of Wisconsin, Lincoln Steffens has found material, not only for a stirring story, but for the presentation of facts and principles of the gravest significance to the republic.

Condemn Clay Modeling.

Clay modeling in schools is condemned by European doctors as "worse than slates" as a means of transmitting infectious disease.

St. Nicholas for 1905.

Mr. Charles H. Ciffin, the well known art critic, has prepared a series of articles for young folks under the title, "How to Study Pictures," which will be a feature of St. Nicholas Magazine during the coming year. A set of beautiful copies of the pictures selected by Mr. Ciffin from the world's masterpieces has been prepared especially for St. Nicholas and will accompany these articles. In each article Mr. Ciffin will contrast the work of some great artist with that of another equally great, showing a single picture painted by each and pointing out the likenesses and differences between the two pictures and the methods of the two painters.

Pawns Cemetery Lot.

A man of Halifax N. S., wanted a vacation so badly that he pawned a cemetery lot in order to pay the expense of one.

Rats Destroy Insulation.

Rats give trouble, in the London underground railway, by eating the rubber insulation off the wires.

And Papa Sometimes is the 7.

The statistics show that the average number of persons to a family in the United States is 4.7.—New Haven Union.

Pacific Coast Shells.

As one travels south along the Pacific coast the shells become more brilliant in their colorings.

Wine in Goatkins.

Wine in Madeira is still carried to market at Funchal in goatkins by the peasants.

Around the World

"I have used your Fish Brand Sausages for years in the Hawaiian Islands and found them the only article that suited. I am now in this country (Africa) and think a great deal of your goods."

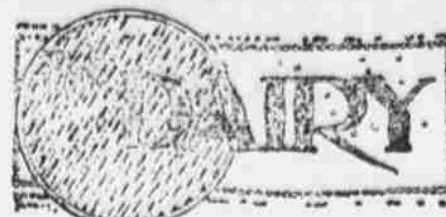
(GIVE AN APPLICATION.)

The world-wide reputation of Tower's Water-proof Oiled Clothing assures the buyer of the positive worth of all garments bearing this Sign of the Fish.

A. J. TOWER CO.

Boston, U. S. A.

TOWER CANADIAN CO., LIMITED
Toronto, Canada



Standard Cream.

There was a time, some years ago, when cream was always of about the same consistency. That was before the cream trade had settled down to be one of the great industries of a dairy nature. Since that time we have noticed a gradual weakening of the cream. Now when one orders cream in a restaurant or hotel he is not sure whether the fluid that is brought to him is milk or cream. In fact, it is very apparent that some of the cream so-called is nothing more than very rich milk. We doubt not that a very large proportion of the cream contains less than ten per cent of butter fat. The state law of Illinois and some other states now makes it necessary for commercial cream to have not less than 17 per cent of butter fat. But there are practically no state inspectors, and that means that the people in all of the smaller places have no protection from the law as to what the density of the cream shall be. The movement by some of our leading dairy scientists to get a standardized milk will doubtless result in getting a standardized cream. It seems to us that the cream is more often low in fat content than is the milk. The tendency is much greater to sell attenuated cream than it is to sell milk from which the cream has been partly removed. The latter is quite generally regarded as a dishonorable course, while in the making of cream there is no standard recognized, and even the one established by law is arbitrary and not natural.

Effect of Sea Voyage on Cheese.

Liverpool, Eng., July 29.—Some time ago a well-known firm in Bowden sent a Cheshire cheese to a friend in Perth, Western Australia. The reply is worth reading: "It arrived in a most aristocratic condition," says the recipient. "It was so high that when we took the lid off the box we were nearly suffocated. The cat took refuge in a tree, the collie dog barked at it for half an hour by the clock. When we recovered a little and were calm enough to take observation, we found there was not a fly left in the house. The clock had stopped and the smell had put the fire out. This all goes to prove what a splendid cheese it is. They have got it all round Perth that Faulkner's have got a real Cheshire cheese, and about a thousand people have walked past our store in the hope of getting a sniff of it. So far the grocers talk of having it cremated, because they say that now the Perth public have been let into the secret of what cheese is really made of they will never be satisfied with the stuff they get here and call it cheese. When it landed here it was a bit high. I expect the heat of the tropics set it ripening. After being exposed to the cold for a day or two it is all right. We have treated many of our friends to a taste, and they are all pleased with it; so are we."—American Cheesemaker.

Low Pay of Buttermakers.

It is quite natural to blame the buttermaker whenever a creamery is kept in a bad condition. The proper one to blame in most cases is the manager, as in the first place he should never hire an incompetent man. He simply does so that he may save from \$10 to \$15 per month. He does not realize that by doing so he is losing \$100 per month. Some of our Iowa buttermakers are working under rather discouraging conditions. The average wages paid our buttermakers does not reach \$60 per month, and even at that figure some of the directors are continually worrying about how they will be able to reduce his wages. They do not appreciate their buttermakers' work, no matter how well and skillfully it has been performed. The result often is that the same creamery hires a cheaper man. He has perhaps been employed as can washer in some creamery. He knows nothing about buttermaking and as a result the quality of the butter from that creamery is impaired. A \$75 or \$100 man is a great deal more profitable than a cheap man, and unless good men are employed it will be impossible to keep up our butter standard.—M. Mortensen.

Bill Nye's Cow.

The story is going the rounds of the press that Bill Nye, having a cow to sell, advertised her as follows: "Owing to my ill health, I will sell at my residence, township 19, range 18, according to the government's survey, one plump raspberry cow, aged 8 years. She is of undoubted courage and gives milk frequently. To a man who does not fear death in any form she would be a great boon. She is very much attached to her present home with a stay chain, but she will be sold to any one who will agree to treat her right. She is one-fourth Shorthorn and three-fourths hyena. I will also throw in a double-barrel shotgun, which goes with her. In May she usually goes away for a week or two and returns with a tall, red calf with wobbly legs. Her name is Rose. I would rather sell her to a non-resident."

The dairyman can rejoice in the fact that his farm is increasing in fertility every year, even if he is only making a living at the business. The only possible exception to this is the man that produces milk to sell whole.



Wiggle Stick

WASH BLUE
Costs 10 cents and equals 20 cents worth of any other kind of bluing. Won't Freeze, Spill, Break
Nor Spot Clothes
DIRECTIONS FOR USE
Wiggle-Stick
around in the water.
At all wise Grocers.

One-Room Lodging House.

In a police court case at Burnley, England, it was stated that the accused man, his wife and eight children slept in one bedroom. One of the children said that in the summer they took in "haymakers as lodgers." "Where do they sleep?" asked the magistrate. "On the roof," was the reply.

Salt Arsenic.

The public analyst of Marylebone, London, has discovered in three out of eleven examples of salt arsenic in the proportion of .0024 grain a pound. This was twice as much as the experts consider harmless.

Ascend the Gabelhorn.

The Gabelhorn, Canton Valais, Switzerland, was ascended for the first time recently by two tourists and a guide. Many attempts have been made during the last fifty years.

Doors for Special Occasions.

Many old houses in Holland have a special door, which is never opened save on two occasions—when there is a marriage or a death in the family.

Sure Cure at Last.

Monticello, Miss., Oct 3 (Special).—Lawrence County is almost daily in receipt of fresh evidence that a sure cure for all Kidney Troubles has at last been found, and that cure is Dodd's Kidney Pills.

Among those who have reason to bless the Great American Kidney Remedy is Mrs. L. E. Baggett of this place. Mrs. Baggett had Dropsy. Dodd's Kidney Pills cured her.

"I was troubled with my kidneys," Mrs. Baggett says in recommending Dodd's Kidney Pills to her friends, "my urine would hardly pass. The doctors said I had Dropsy. I have taken Dodd's Kidney Pills as directed and am now a well woman."

Dodd's Kidney Pills cure the kidneys. Cured kidneys strain all the impurities out of the blood. That means pure blood and a sound energetic body. Dodd's Kidney Pills are the greatest tonic the world has ever known.

Endeavor to promote the happiness of others, and you will increase your own.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 3/4-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 oz." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Three thousand marriages are performed every day all over the world.

A GREAT INSTITUTION.

It is unusual that a single institution in a city of 8,000 people will overshadow in importance every other interest, but such is the case with the American School of Osteopathy, and A. T. Still Infirmary at Kirksville, Mo.

A stranger in Kirksville is immediately impressed with the idea that the town is sustained by this institution, in fact, Kirksville has been made what it is to-day by Dr. Still, and his famous School and Infirmary. It is the largest patronized unendowed institution of its kind in the United States.

Dr. Still's school enrolls over 700 students yearly and each student is required to attend four terms of five months each before completing the course of study. There are over 2,000 graduates and they are practicing in every state and territory of the Union. About two-thirds of the states have passed special laws legalizing the science.

This school teaches every branch taught in medical colleges except "drugs" and osteopathy is substituted for that. So thorough is the teaching in anatomy that over one hundred human bodies are dissected yearly by the students. At the Infirmary, patients from every part of the country and with almost every form of disease are constantly under treatment. For the past fifteen years almost every train coming to Kirksville has brought some new sufferer hoping to find relief by the science of Osteopathy. By the thousands who have left the institution benefited by the treatment, the science has been heralded to the world as a safe and rational method of cure. Several years ago a free clinic was established in connection with the practice department of the school and this is still in operation. Hundreds of the worthy poor, who are unable to pay for treatment, are treated every afternoon by the senior students free of charge.

At first thought nothing seems a more impossible task for a woman than to be employed as a spy, yet there are said to be many in Europe, the majority being in the employ of the great white czar.

Don't you know that Defiance Starch, besides being absolutely superior to any other, it put up 16 ounces in packages and sells at same price as 12-ounce packages of other kinds?